

Virginia Head Start Association 2018 Workshop Schedule

Tuesday April 10th 8:30-10:00

Opening Plenary & Keynote – Ron Culberson – Do It Well and Make It Fun

If you've ever had a boss who was really good at what he or she did but was also fun to be around, you didn't mind arriving early or working late. In fact, you probably loved your job. That's the power of Do it Well, Make it Fun. It's about seeking excellence but making the process of life and work more fun. Based on Ron Culberson's book by the same name, this presentation shows staff and leaders how to create a less stressful work environment where people want to work. It also helps them understand that excellence combined with fun and humor can improve productivity, create better working relationships, enhance creativity, change the workplace culture, and lead to the delivery of better services.

Tuesday April 10th 10:15-11:45

Building Positive Relationships with Families	How do you build a positive goal-oriented relationship with families while maintaining professional boundaries? Learn about strength based practice, the role of culture, the importance of self-reflection, and ensuring professional boundaries. Discussion on how to talk about difficult topics, valuing the perspective of families, and the warning signs that your boundaries have blurred.	Family	Jennifer Tonkin
Building Your STEAM Team	During this interactive journey, we will discuss developmentally appropriate activities for S.T.E.A.M. (Science, Technology, Engineering, Art, and Mathematics). We will also look at the learning environment through the natural curiosity of a child as we explore topics including: growing things, parachutes, and transportation.	Education	Ron Mohl
Early Math for Toddlers	This very interesting workshop will provide information on early math concepts and how to incorporate those concepts into daily routines, activities and play for toddlers. Participants will identify early math concepts and describe indicators of early math concepts for toddlers. The workshop will provide opportunities for participants to explore activities related to: Time and sequence, data collection and analysis, shapes, patterns and relationships, measurement, numbers, money and operations and spatial sense.	Early Head Start	Darlene Ingram

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<p>Grant Writing Boot Camp: Dancing with the Stars</p>	<p>Grant writing is like a winning dance routine. Like a dance routine, grant writing cannot be rushed and takes time to plan, gather information, and write. You need to include the right people at the planning table to develop a sound proposal. In addition, you need the proper tools to be successful and experience is often the best indicator of a successful outcome.</p>	<p>Leadership/ Management</p>	<p>Bethany Geldmaker</p>
<p>Growing Young Minds</p>	<p>Join Agriculture in the Classroom for a fun and interactive session that will go down on the farm to grow young minds! Participants will enjoy make-and-takes that use Virginia agriculture and the natural world to teach early childhood concepts. Additionally, all attendees will receive curriculum and resources for their classrooms.</p>	<p>Education</p>	<p>Lynn Black</p>
<p>Managing to Be a Great (and Fun) Leader</p>	<p>Leadership success comes from creating confidence in those you lead while creating an environment that attracts and keeps good people. In order to accomplish this success, you must manage yourself, manage the people, and manage the culture. You create confidence by what you do and how you do it. The “what” refers to the skills you need to do your job well. The “how” refers to the values or manner in which you lead. Great leaders are not only skilled but embrace values that are respected by those around them.</p>	<p>Leadership/ Management</p>	<p>Ron Culberson</p>
<p>Taking the Mystery Out of Medicaid</p>	<p>This workshop will help you understand how to navigate the complex world of Medicaid and managed care. At the end of this session, attendees will have a better understanding of how managed Medicaid care works and the benefits that it provides. Attendees will then be able to help their Head Start families make the best decisions for their medical needs.</p>	<p>Health</p>	<p>Kent Berryman</p>

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<p>Team Building – Building Up Your Staff</p>	<p>As professional leaders in the childcare arena one of the most significant ways to create a successful program that captures the attention of children, earns the confidence of parents, and stands out in the community is to invest in <i>Building Up Your Staff</i>. In this interactive, exciting, and practical workshop you will be motivated to think differently as it concerns valuing, encouraging, and appreciating the team surrounding you. Valuing what your team brings to the table, encouraging them to grow personally and professionally, and appreciating and understanding who they are individually and collectively. This workshop will provide you with tools to lead your organization to another level just by <i>Building Up Your Staff</i>.</p>	<p>Leadership/ Management</p>	<p>Nicole Brown</p>
<p>The Keys to Ending Generational Poverty</p>	<p>This presentation will focus on the role and actions of parents and educators in ending generational poverty for ALL children. Key strategies will stress the importance of parents, teachers, and children to Succeed Over and Above Requirements (SOAR) every day. The presentation will also focus on the power of encouragement, expectations, exposure, education and equipment in breaking the cycle of generational poverty.</p>	<p>Other/All</p>	<p>Joyce P. Jones</p>
<p>Thinking Outside The BLOCKS!</p>	<p>This workshop is a hands-on interactive learning experience that will show how blocks can be used in all areas of the curriculum. Learn how blocks teach math, science, art, language, geography, social studies, and yes, even music. We will show how blocks can play an important role in early development while focusing on the S.T.E.A.M. concepts.</p>	<p>Education</p>	<p>Pat Scorzetti</p>
<p>Toxic Stress and Our Children</p>	<p>This workshop will investigate the impact of trauma on brain development and learning. We'll look at the research surrounding the ACEs study, as well as program wide strategies to help children regulate their emotions. Participants should expect to walk away with knowledge about how the brain handles stress, why we see challenging behaviors and some take home strategies to benefit all children.</p>	<p>Other/All</p>	<p>Melissa Carter</p>

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Using Data to Support and Monitor Coaching - Part I of 2	Participants will examine key HSPPS requirements related to data management; discuss strategies and data programs can use to choose a focus for coaching; identify criteria for selecting staff who will benefit most from intensive coaching; and discuss strategies programs can use to assess the implementation of coaching.	Leadership/ Management	Karla Sprouse
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Tuesday April 10th 1:00-1:45

NE Regional meeting	Regional meetings are a great opportunity for Head Start staff and parents to meet with those who share the same role in your area. Networking and team building, along with brainstorming for future trainings will be explored.	Other	Rashanda Jenkins
NW Regional meeting		Other	Candy Daffern
SE Regional meeting		Other	Kate Stockhausen
SW Regional meeting		Other	Robin Boyd

Tuesday April 10th 2:00-3:15

#ThinkBabies: Advocate for Early Head Start	Early Head Start (EHS) offers proven results to babies, toddlers and their families. So why does EHS only reach 6% of eligible children? In this session, we'll talk about what is happening in Congress to affect EHS, and how YOU can advocate for the program you love. Together, we can help Congress #Think Babies and prioritize EHS!	Early Head Start	Amanda Perez
Building your STEAM Throughout the Day	We will discuss developmentally appropriate activities for STEAM (Science, Technology, Engineering, Art, and Mathematics) in the Blocks and Dramatic Play interest areas. As we connect hands on experiences to 21st Century Skills, we will integrate STEAM with child and teacher directed activities along with strategies to complement children during play.	Education	Ron Mohl

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<p>Early Intervention: Teacher's Role in Empowering Parents</p>	<p>As early childhood educators, we have the power to improve the trajectory of a child's life by advocating and encouraging parents to take action! In this hands-on, engaging workshop, you will review important developmental milestones and red flags, review best practices of regular child assessments, informal/anecdotal assessments, education parents on typical and atypical development and ongoing dialogue with families.</p>	<p>Education</p>	<p>Amy Augenblick</p>
<p>Family Engagement Technology</p>	<p>Explore the latest technologies that assist agencies on family engagement, not only capturing the data, but also encouraging the family engagement process itself. The patented IdCat technology within myHeadStart.com will enhance Head Start agencies capability to actively involve family members including fathers, automatically capture the appropriate data, and finally present a visual presentation of the captured data.</p>	<p>Family</p>	<p>Lihong Ma</p>
<p>Inclusion Fusion</p>	<p>Everyone benefits from working with children with special needs, but just how much? From typically developing children, caregivers, family, and community, with Inclusion Fusion we'll explore how life's enhanced by working with these special children. We'll explore the American's with Disabilities Act, participate in an activity for handling confidential information, discuss what to do when concerns arise, and much more.</p>	<p>Education</p>	<p>Katie Quigley</p>
<p>Intentional Planning for Professional Development</p>	<p>This workshop will look at a layered approach to professional development planning, using research-based practices to increase implementation program-wide.</p>	<p>Leadership/ Management</p>	<p>Melissa Carter</p>
<p>The Opioid Epidemic— An Ongoing Crisis</p>	<p>CANCELLED</p>		

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<p>Ouch I Just Got Bit! Managing Challenging Behaviors in Very Young Children: Whose Job Is It?</p>	<p>For professionals in early childhood settings, knowing how to respond properly to a child exhibiting behaviors such as destroying property, hitting, biting, and using objects as weapons is an increasingly important skill. Depending on individual backgrounds, experiences, and levels of support, parents and professionals may find different behaviors especially challenging.</p>	<p>Education</p>	<p>Pam Booker</p>
<p>Putting Thought into Food Allergens</p>	<p>Do you know someone with a food allergy? Join us for an informative session on understanding the basics of this condition. We will discuss how to recognize, prevent and treat allergic reactions as well as provide helpful information on how to manage a food allergy at home, in the classroom or while dining out. Finally, we will share important information on how to work collaboratively with others to ensure a safe, inclusive environment.</p>	<p>Health</p>	<p>Jennifer Edwards</p>
<p>The Six Strategies of Active Supervision</p>	<p>According to the OHS, there has been an increase in supervision citations over several years, 149 citations to be exact. This presentation is for grantees to ascertain their current supervision practices and gain insight on how to have effective practices based on the six Strategies of Active Supervision in the classrooms, bathrooms, playgrounds, Family Child Care Homes and during transitioning.</p>	<p>Other/All</p>	<p>Freda Carter</p>
<p>Thinking Outside the Family Engagement Box</p>	<p>In this interactive workshop, participants will be engaged in creating a family engagement action plan that will encourage them to "Think Outside the Box" in ways to bring more parents on board with the necessary tools on how to become engaged in their child's learning and feel as a welcomed member of the learning environment and program.</p>	<p>Family</p>	<p>Hilda Stevens</p>

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Using Data to Support and Monitor Coaching - Part 2 of 2	Participants will examine key HSPPS requirements related to data management; discuss strategies and data programs can use to choose a focus for coaching; identify criteria for selecting staff who will benefit most from intensive coaching; and discuss strategies programs can use to assess the implementation of coaching.	Leadership/ Management	Karla Sprouse
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Tuesday April 10th 3:30-4:45

Calm in the Midst of Chaos CLOSED/FULL	This workshop will teach attendees pieces of the ancient art of Tai Chi. Sometimes called "Meditation in Motion," Tai Chi has been used for thousands of years to help individuals achieve better health, wellness, relaxation, and balance. Attendees will learn techniques they can use in their classrooms and for themselves to keep "Calm in the midst of chaos."	Other/All	Kent Berryman
Directors Council	Head Start Directors will have the opportunity to network in an open forum setting based upon current relevant topics.	Leadership/ Management	Directors Council
Health & Safety Compliance for Focus Areas 1 & 2 Protocols	This presentation is for management and staff to ascertain their current environmental health & safety (EnvHS) in-house monitoring practices and explore the new HSPPS: 1302.47 Safety Practices and how they impact HS, EHS, FCCH and EHS-CCP class-rooms and playgrounds. Additionally, identify and develop strategies to assist programs on writing and improving their policies and procedures to align with the standards.	Health	Freda Carter
Opening the Door to Montessori and Early Childhood	CANCELLED		

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Part C 101: Linking with EHS	Understanding the requirements for identifying, linking, and serving infants and toddlers with disabilities or developmental delays the local Part C system is essential in meeting EHS regulations. This workshop includes an overview of each system, the programmatic and policy challenges of coordinating EHS with Part C and developing an action plan to improve collaboration between EHS and Part C in your own service area.	Early Head Start	Lynn Wolfe
Practice Based Coaching in EHS/HS: Cases & Considerations	This brainstorming and networking session for HS/EHS coaches who are using Practice-Based Coaching looks at how coaches can assess and strengthen their own practices in order to strengthen educators use of effective practices. Participants will examine coaches and coaches learning needs and styles, and will use case discussions to explore strategies for getting past some common hurdles in the coaching relationship.	T T/A	Joe Preece
Recycling Your Way to STEAM	Discover the STEAM learning opportunities in your classroom! Using recycled material, cardboard and other simple items you have in your classroom, we will combine imaginative exploration with hands-on problem solving. As we twist, bend, tear, cut and decorate, real-world STEAM experiences are brought to life for all participants. Small groups will collaborate in the creation of simple machines, design cause & effect experiments, and build one-of-a-kind constructions. Prepare for fun as our creations spark STEAM learning through play!	Education	Ron Mohl
Succeed with Planning	This workshop introduces planning concepts and easy to use steps for solid planning. Attendees learn the value and ease of planning through a systematic process. The process and methods introduced can be used for any project or event anytime. Attendees will work through a basic planning scenario in an interactive practical application.	Other/All	James W. Biggs

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<p>The R in ERSEA: Let's Talk About Recruitment</p>	<p>Recruitment begins the process of maintaining full enrollment. This session offers an opportunity for participants to share and discuss successful recruitment strategies in a facilitated roundtable discussion. Additionally, the session explores how grantees utilize the community assessment to guide decision making in identifying recruitment strategies.</p>	<p>T T/A</p>	<p>Belinda Piercy</p>
<p>Thinking Outside The Blocks</p>	<p>This workshop is a hands-on interactive learning experience that will show how blocks can be used in all areas of the curriculum. Learn how blocks teach math, science, art, language, geography, social studies, and yes, even music. We will show how blocks can play an important role in early development while focusing on the S.T.E.A.M. concepts.</p>	<p>Education</p>	<p>Pat Scorzetti</p>
<p>Using Social Media Safely and Effectively</p>	<p>Social media offers an effective channel for communicating with parents and showcasing Head Start's work to the community. This session will provide helpful tips for communicating on social media channels utilizing best practices while ensuring the privacy and confidentiality of Head Start families. We will also share resources available from Virginia Family Nutrition Program for use by Head Start.</p>	<p>Other/All</p>	<p>Austin Brooks</p>
<p>Your Voice Matters</p>	<p>Your voice matters! This workshop will empower you to see the value of your gifts, expertise and contribution around authentic family engagement. We will explore your personal definition of parent engagement and learn effective approaches to advocating for our children. You will learn strategies, practical tips and techniques to building strong collaborative relationships with our schools.</p>	<p>Family</p>	<p>Tina Norris</p>

Wednesday, April 11th 8:30-10:00

Plenary and Keynote – Gigi Schweikert – Winning Ways for Partnering with Families

Why do we do all this for parents? Why did they have kids anyway? Don't we work here to educate and care for children, not their parents? Our lives would be much easier if children didn't come with parents. Sound familiar? Sure, but in today's world, we're realizing that if we really want to

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impact children, we have to have a positive impact on their families, too. Join us for this humorous and practical workshop to learn about creative ways to partner with families. A can't miss attend session for anyone who gets a little crazy sometimes from demanding and questioning parents.

Wednesday April 11th 10:15-11:45

<p>10 Terrific Tips to Build Strong Fine Motor Skills for STEAM Activities</p>	<p>Great educators know the keys to writing and other hand skills develop long before the child sits down at the table. We need our bodies and our senses to process and learn. Come along on this journey to understand the basics of sensory integration and get 10 great tips on how to make every child successful with the fine motor skills needed for STEAM activities.</p>	<p>Education</p>	<p>Cecilia Cruse</p>
<p>Building Partnerships to Instruct, Assess, and Support Dual Language Learners</p>	<p>This session covers a comprehensive approach to instructing, supporting, and assessing early language development, which helps promote educational equity of Dual Language Learners. Understanding and utilizing the WIDA Early English Language Development Standards, making informed decisions, and promoting family engagement are crucial among teachers, parents, families, and community.</p>	<p>Education</p>	<p>Judy Radford</p>
<p>Family Style Dining: ECE Best Practice!</p>	<p>Family Style Dining (FSD) enriches learning while building relationships and enhancing development. Teacher's enjoy it and children thrive on it! In FSD, children and staff eat at the table together. Children serve themselves from appropriately sized bowls and pitchers and assist with clean-up after the meal. Together, toddlers, preschoolers and teachers eat in a relaxed atmosphere with conversation with informal modeling of appropriate eating behaviors, and sharing of nutrition learning experiences.</p>	<p>Health</p>	<p>Julie Weatherington</p>
<p>Healthy Hydration Best Practices and Idea Sharing</p>	<p>This highly interactive workshop will include brief presentation of information and recommendations from the Centers for Disease Control and Prevention for building healthy hydration habits in children, families</p>	<p>Health</p>	<p>Emily Keenum</p>

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	<p>and even staff. But most of the time will be spent sharing ideas, identifying practical resources, and discussing replicable strategies Head Start programs across Virginia are using now that successfully increase children's consumption of water, which is linked to healthy weight in young children. Come prepared to share your ideas!</p>		
<p>Introducing the PBIS/Pyramid Model</p>	<p>This session will provide an overview the Pyramid Model including highlights from each training module and how implementation can have positive impact on children's social and emotional development. Additionally, presenters will discuss how the Pyramid Model can support the prevention of challenging behaviors.</p>	<p>Education</p>	<p>Joe Preece</p>

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<p>Positive Discipline that Works! Helping Every Child Succeed</p>	<p>Discipline is all about helping every child develop skills so he can act in a socially acceptable way even when you're not around. Just as children develop good behaviors, they can develop inappropriate ones, too. It's our job as educators to help children understand the difference between right and wrong and make positive choices as often as possible. With time, patience and consistency, we can help every child succeed.</p>	<p>Education</p>	<p>Gigi Schweikert</p>
<p>Purposeful Engagements</p>	<p>This session addresses working with all infants and toddlers (both typically and atypically developing) by using specific interactions and program decisions that directly impact and relate to creating relationships, meet any curriculum/program goals and objectives (STEM/STEAM), work in any schedule, support innovative practice, and demonstrate how to get it all done in a busy day. Lots of brain-compatible learning strategies.</p>	<p>Early Head Start</p>	<p>Keith L. Pentz</p>
<p>Science is Everywhere</p>	<p>Join Beth for this interactive hands-on session exploring science in the early childhood classroom. Why does the spider wash out of the spout? How is your thumb print unique? How can you make frog eggs? What is friction? Something magical happens when you take the time to explore the unknown, to make a prediction, to be right, to be wrong, or to discover something completely new. The key here is to just do it.? Steve Spangler.</p>	<p>Education</p>	<p>Beth Krugerud</p>
<p>Surviving and Thriving: Trauma & Resilience Basics – For Parents</p>	<p>Despite our best efforts as parents, traumatic events can occur in our children's lives. The experience of trauma can result in natural responses which include problems with emotions, academics, and relationships. Traumatic events can include a natural disaster, loss of a parent or a pet, school bullying, or a car crash. As parents and families, we need to understand how to support our children. This is vital to building resilience and helping our children overcome these struggles.</p>	<p>Other/All</p>	<p>John Richardson-Lauve</p>

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Take it Outside	"Take it outside" features a collection of activities which will enable all students, regardless of ability, to participate in outdoor and natural learning experiences. The activities will include embedded learning opportunities and sample lesson plans.	Education	Julia Hart
Teaching Parenting Skills During Home Visits	Family Services, Home Visitors, and Teachers play an important role in helping parents learn new parenting skills. Learn about techniques that can be modeled with parents and children. Topics that will be covered include building routines, problem solving, dealing with difficult behaviors and emotions in children, and calming techniques. The workshop is designed for programs that utilize Conscious Discipline. Others are welcome to attend to learn about specific home visiting strategies in teaching parenting skills.	Family	Jennifer Tonkin
The playful brain: development of young children's humor	This workshop describes basic developmental changes in young children's humor from infancy until about age seven, along with the social, emotional and cognitive developmental benefits resulting from young children's humor.	Education	Paul McGhee
Welcome Aboard, Cruising into Success - Part 1 of 3	As new Head Start/Early Head Start directors and managers (2 years or less experience), you come to your new roles with a wide range of experiences, knowledge, and needs. This series is designed to orient and support new Head Start leaders. Head Start leaders must be fully aware of and knowledgeable about federal requirements, and they must be adept at applying these requirements to the operation of Head Start/Early Head Start programs. Participants will leave with a clear vision of Head Start mission and the tools needed to become successful Head Start leaders.	Leadership/ Management	Carolyn Porter

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12:30-1:30 - Lunch Keynote – Paul McGhee – Humor as Survival Training for Head Start Staff

This presentation is guaranteed to get you laughing as it shows you the importance of keeping your sense of humor in working with young children. Special attention is given to how humor helps give you the emotional resilience you need to remain effective in your role as an educator of both children and their parents on the tough days. The importance of your finding humor in children's behavior is emphasized, and the nature of young children's humor is briefly discussed.

Wednesday April 11th 2:00-3:15

<p>10 Terrific Tips to Build Strong Fine Motor Skills for STEAM Activities</p>	<p>Great educators know the keys to writing and other hand skills develop long before the child sits down at the table. We need our bodies and our senses to process and learn. Come along on this journey to understand the basics of sensory integration and get 10 great tips on how to make every child successful with the fine motor skills needed for STEAM activities.</p>	<p>Education</p>	<p>Cecilia Cruse</p>
<p>A Sensory Experience: Working with Children with Deafness and/or Blindness</p>	<p>CANCELLED</p>		
<p>Building A Partnership with Your Public Library</p>	<p>Do you know what your Public Library can do for you? Libraries can be valuable partners in supporting your Center’s literacy and curriculum programs. Learn how the Virginia Beach Public Library built a successful partnership with the City’s five Head Starts. Find out how you can pursue a partnership with your community library to connect your classrooms with resources and programming that will support your teachers and benefit your children.</p>	<p>Education</p>	<p>Karen Schell</p>

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Conscious Discipline Parent Curriculum	Struggling to meet the new parent curriculum performance standard? Conscious Discipline has a research based solution that meets the new standard! Explore the components of the new Conscious Discipline parent curriculum and how to implement.	Education	Heidi Condrey
Cuddling, Consciousness, and Cognition	Emotional engagement that stems from loving and caring interactions, the creation of relationships, and a stimulating environment has a direct and significant impact on a young child's development and learning.	Early Head Start	Keith L. Pentz
Doing the Data Dance; Creating a Culture that Embraces Data	This session utilizes the ECLKC interactive learning module, Data in HS/EHS: Creating a Culture that Embraces Data to engage participants in a facilitated discussion. The module includes a mixture of practical scenarios, real-life examples from the field, and tools and templates. All will assist participants in planning for and implementing effective data use.	Leadership/ Management	Mark Colaw
Fostering A Collaborative Approach to Teaching	With the new HSPPS, programs need to find ways to foster a collaborative spirit among staff. This workshop will look at how teaching staff and family advocates can work together, particularly in the classroom, to ensure they are providing a consistent message to our children and families. Participants will look at the benefits of a teaching inventory to help staff identify their strengths for dividing classroom responsibilities, in addition to having conversations about expectation and practice. The collaborative approach can help reduce stress for staff and children, as well as providing clarity about the goals, and everyone's role in the classroom.	Education	Melissa Carter
HAC Meeting Part 1	Agenda online	Heath	Julie Greene

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<p>Literacy Playgrounds: Building Early Language Skills</p>	<p>This session will show attendees how to design language-rich, inclusive playgrounds that inspire joy while promoting playing, talking and reading among toddlers and their caregivers, all key building blocks for future readers. Transform a simple playground into a literacy-rich classroom encouraging caregivers and educators to talk, read and sing while they play with their kids!</p>	<p>Education</p>	<p>Jane Jenewein</p>
<p>Parent Engagement Indicators for QRIS</p>	<p>Creating an intentional framework that supports family engagement, must start with hearing from families directly and understanding what Parents want and need for their children. Join the discussion on what is needed for the next levels of measures for family engagement.</p>	<p>Family</p>	<p>Darlene Walker</p>
<p>Surviving and Thriving: Trauma & Resilience Basics – For Staff Part 1 of 2</p>	<p>Trauma impacts the ability of our children to learn and function in the classroom and community. We have a unique opportunity to create resilience to help overcome trauma. The trauma-sensitive classroom and trauma-informed community approaches help mitigate trauma and strengthen our children for their future. Come and learn about how to help all our children succeed. Part 1 will focus on how psychological trauma affects the brain and behavior, resulting in problems with learning, relationships, and management of emotions and relationships. <i>Participants must attend both sessions—Parts 1 and 2.</i></p>	<p>Other/All</p>	<p>John Richardson- Lauve</p>
<p>Welcome Aboard, Cruising into Success - Part 2 of 3</p>	<p>As new Head Start/Early Head Start directors and managers (2 years or less experience), you come to your new roles with a wide range of experiences, knowledge, and needs. This series is designed to orient and support new Head Start leaders. Head Start leaders must be fully aware of and knowledgeable about federal requirements, and they must be adept at applying these requirements to the operation of Head Start/Early Head Start programs.</p>	<p>Leadership/ Management</p>	<p>Carolyn Porter</p>

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Wednesday April 11th 3:30-4:45

2-1-1 VIRGINIA - Community Resources Connection	Do you know who to call when a parent needs help paying rent or an electric bill or when a child needs to see a dentist but doesn't have insurance? Come learn about the services 2-1-1 VIRGINIA provides, the community resources we have and why 2-1-1 VIRGINIA is who to call when you don't know who to call.	Family	Mary Ellen Hutcherson
ACES Adverse Childhood Effects & the Intersections of Domestic Violence	This workshop will be presented at the Infant Toddler Conference in Roanoke July 24 & 25, 2018** CANCELLED		
Behavioral Supports and Interventions	How can we create early childhood classrooms that are developmentally appropriate and multi-sensory- enabling all children to manipulate their environment? How can we decrease behavior through room design and visual support?	Education	Julia Hart
HAC Meeting Part 2	Agenda online	Health	Julie Greene
Meaningful Jobs: Connection Through Contribution	In this Conscious Discipline workshop, explore the power of unity and how this relates to an environment of connection. Learn how being of service to others benefits brain development. Explore how to use classroom jobs for each child to foster learning, connection, and a culture of caring.	Education	Heidi Condrey
Movement Powers Learning! Unleashing Successful Kids	Children can't be successful in school if they haven't mastered the movement patterns that underlie basic classroom skills. Children must be physical to make the brain body connection that allows them to explore their world. Using studies, we will draw connections between	Education	Preston Blackburn

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	movement and strengths that allow kids to become the best they can be socially, emotionally, cognitively and behaviorally!		
Moving Beyond Empty and Fill	Toddlers, by nature, are inquisitive. They explore, investigate, ponder, and willingly attempt new experiences when given opportunity and guidance in a safe environment. By utilizing thoughtful engagement, teachers and caregivers can effectively move toddlers beyond simple, singular activities to sustained and expanded provocative projects and experiences (STEM/STEAM oriented session).	Early Head Start	Keith L. Pentz
Opening the Gate for Dads	Dads want to be more engaged in their children's lives. Kids who have involved fathers benefit greatly. Participants will understand the importance and impact of father involvement on a child's development. Learn to reach fathers and establish good relationships. Enhance skills to motivate and increase father involvement. Understand the importance of encouraging mom, "the gate keeper", to share the load.	Family	Amy Bornhoft
Rediscovering and Exploring Science Through the Arts	Through the use drama, movement, puppetry and music experiences, explore and discover unique environments and enhance a child's understanding of the natural world. This exploration of magnets and natural habitats aligned with curriculum standards will expand a child's knowledge of the physical world while developing skills that promote approaches to learning, observation and descriptive skills, problem solving and emergent literacy.	Education	Jeanne Wall
Surviving and Thriving: Trauma & Resilience Basics - For Staff Part 2 of 2	Trauma impacts the ability of our children to learn and function in the classroom and community. We have a unique opportunity to create resilience to help overcome trauma. The trauma-sensitive classroom and trauma-informed community approaches help mitigate trauma and strengthen our children for their future. Come and learn about how to	Other/All	John Richardson-Lauve

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	help all our children succeed. Part 2 will focus on support strategies for those who have experienced trauma. These resilience building strategies can be used in the classroom or school setting. <i>Participants must attend both sessions—Parts 1 and 2.</i>		
The Bottom Line on How to Achieve your Financial Goals	The four S's are the bottom line on how to achieve your financial goals - Strong start, Savvy ways to save money, Smart plans for a secure future, Simple ways to achieving your financial goals. Come find out what all of this means on the road to your financial success. You can make it happen!	Other/All	Verlane Mack
Welcome Aboard, Cruising into Success - Part 3 of 3	As new Head Start/Early Head Start directors and managers (2 years or less experience), you come to your new roles with a wide range of experiences, knowledge, and needs. This series is designed to orient and support new Head Start leaders.	Leadership/ Management	Carolyn Porter

Thursday, April 12th 8:30-10:00

Plenary and Keynote – Diane Craft – Learn through Early Childhood Physical Activities

Learn fun, inclusive, developmentally appropriate physical activities that use inexpensive equipment and work in small spaces. Through a whole-child approach, help toddlers and preschoolers develop their fundamental movement skills and explore concepts in science, technology and the arts. Lead these activities in HS/EHS classrooms and family homes.

Thursday April 12th 10:15 – 12:00

Children Experiencing Homelessness or In Foster Care	Children experiencing homelessness and those in foster care share many challenges and may be the same children at different points in their life journey. Access to early childhood programs is an important step in reducing the impact of these challenges. This session will review federal	Other/All	Patricia A. Popp
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	legislation that addresses the special needs of these children and how Virginia is responding.		
Dual Language Learners: How to Connect	CANCELLED		
Exploring the Wonder of Nature	We will look at the value of bringing the wonder of nature into the classrooms and using nature to enhance children’s development. We will also discuss strategies for teachers to use to create nature rich classroom routines and environments. Lastly, we will look at cultivating nature investigations with infants and toddlers by offering them natural objects such as leaves, rocks, shells, etc. that they can explore and investigate.	Early Head Start	Crystal Howser
Lead Fun Physical Activities Children Love	Learn physical activities that are fun for young children to play – and easy for you to lead. Add these physical activities throughout the day to help improve children’s behaviors, health, and sleep. View videos of 18-month to 5-year-olds playing these activities and try a few, too! Plus learn simple movement activities that can stimulate infants’ physical and cognitive development.	Other/All	Diane Craft
Recognizing Triggers in Early Childhood Trauma	This workshop will discuss how to work with children who have experienced trauma. We will learn to recognize when a child is triggered by their surroundings and develop a safe place for them to begin to heal. We will be using experiential exercises and group exercises during this workshop.	Other/All	Cheri Meadowlark
Reflection and Feedback in Practice-Based Coaching	This session is designed for coaches and supervisors of coaches who are already implementing practice-based coaching. We will review the basic principles of the reflection and feedback component of practice-based coaching, then explore reflection and feedback practices in depth. As part	Leadership/Management	Beth Beals

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	of this presentation, participants will be given opportunities to share and discuss their experiences with colleagues from other programs.		
Supporting Families Using a Scaled Family Assessment	This session focuses on developing a Scaled Family Assessment which aligns with family engagement outcomes as described in the PFCE Framework. Participants will discuss ways the results of the SFA can be used to individualize family services, identify areas of need across the program, inform staff training, and influence systemic changes.	Family	Carol Marvin